

For Your Appointment

Find the type of appointment you are scheduled for and read the appointment information provided in order to prepare for your appointment. If you have any questions you may always call the office for clarification at the (505) 925-6001.

Patients seeing the Provider for the first time must bring the following:

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must bring all prescribed medications in their original bottles;
- Patient must bring all Insurance Cards;
- Patient must bring all current lab results, physician notes, or ECG's you may have from other physicians or hospital visits;

Patient's Scheduled for VAP (advanced lipid testing) must:

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must plan for approximately 15 minutes for the blood draw;
- Patient must be fasting for the blood draw, nothing to eat after dinner the night before;
- Patient must take all of your medication(s), with plenty of water;
- Patient must schedule a follow-up appointment to review the results with the physician in approximately 10-14 days;

For Device Clinic Appointments:

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must bring the card you were given at the time of the device implant;
- Patient will be scheduled to see the device representative only;
- The total time for the appointment will be approximately 15 minutes;

For Stress Testing / Stress Echo Testing:

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must wear comfortable clothes and walking shoes, as you will be on the treadmill;
- Patient must drink plenty of water the day of your appointment;
- Patient must eat at least two (2) hours before coming to your appointment, so you are comfortable and have energy;
- Patient must stop any medication(s), for the test that you were instructed by your physician to stop;

For Renal and Abdominal Aortic Studies:

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must take all scheduled prescription medications prior to exam;
- Patient must not smoke or chew tobacco the morning of the exam;
- Patient must not not chew gum the morning of the exam;
- Patient must be fasting, nothing to eat the morning of the exam;
- Patient must refrain from foods that are know to create GI disturbances (to the patient), the day prior to the exam. High sodium foods such as Chinese and Mexican take-out food shoule be avoided;
- Patient must drink (high recommended) plenty of water the morning of and the day prior to the exam;
- Patient may take anti-gas medications (gas-x, etc.) the day prior to the exam;

Echocardiograms and Vascular Studies:

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must wear comfortable clothing (2 pieces), example: shirt and pants;
- Patient must be aware that you may be asked to change into a patient gown for the test;

Holters / Event Monitors

- Patient must arrive 15 minutes early for the appointment to check in and complete required paperwork;
- Patient must wear comfortable clothing (2 pieces), example: shirt and pants;
- Patient must not use (wear) lotion on chest or abdomen;
- Patient must be aware that that you will only see the Technologist, unless you have a separate appointment with the physician;